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THE PRESESSIONS OF THE 1ST SAINT HILL ACC.

The 1st Saint Hill ACC is being very successful.

The advanced process used on higher cases is Regimen 3. Help on motion, Alt. Conf., and Havingness done in a Model Session. (Regimen 3/II).

This has been preceded by Presessions. The pre-session only is used until pc rides at clear reading with a loose needle during session. Then the pre-session that cracked the case is combined with Help on Motion as a new Regimen 3. This is designated as follows: Regimen 3/V. This means that a model session is run with Help on motion, the Confront command being that of Pre-session V, the Havingness command being that of Pre-session V. In the Model Session, the sequence of processes is the Havingness process, the Help - Motion process, the Havingness Process, the Confront Process, the Havingness Process, the Help - Motion Process, etc. The Havingness process is run briefly until Havingness is up. The confront is run until pc is in p.t. Help Motion is run until pc gets high on the arm or gummy on the needle.

The following pre-sessions are those that have been effective on one or another of the ACC cases. A more detailed report will be made later.

Pre-session II is for a fairly easy case. Pre-sessions V to VII inclusive moved, one or another of them, all difficult cases, Pre-sessions VIII and IX have not been used but are included for completeness.

The rule is that if a tone arm does not shift more than one division on a meter dial in an hour of processing, you should try another pre-session.

If you have the right one for the case, you should get rapid shifts of the tone arm and should flatten it as a pre-session (pc reading during its use at clear read) and then go into model session using your same pre-session as the Havingness and Confront commands of Regimen 3.

No rudiments, no two way comm of any kind is used while auditing the pre-session only.

COMMANDS FOR PRESESSIONS II - X

PRESESSION II:

Havingness: "Look around here and find something you could have."

Confront: "What could you confront?" "What would you rather not confront?"

PRESESSION III:

Havingness: "Point out something in this room you could confront."
"Point out something in this room you would rather not confront"

Confront: "What unconfrontable thing could you present?"

PRESESSION IV:

Havingness: "What part of a beingness around here could you have?"

Confront: "What beingness could others not confront?"

PRESESSION V:

Havingness: "Point out something in this room you could confront."
"Point out something in this room you would rather not confront"

Confront: "Point out a place where you are not being confronted."

PRESESSION VI:

Havingness: "Look around here and point out an effect you could prevent"

Confront: "What would deter another? Where would you put it?"

PRESESSION VII:

Havingness: "Point out something"

Confront: "Tell me something I am not doing to you"

PRESESSION VIII:

Havingness: "Where is the (room object)?"

continued.....

Confront: "Recall something really real to you"
"Recall a time you liked something"
"Recall a time you communicated with something"

PRESESSION IX:

Havingness: "Look around here and find an object you are not in."
Confront: "Recall somebody who was real to you."
"Recall somebody you really liked."
"Recall somebody you could communicate with."

PRESESSION X:

Havingness: "Look around here and find something you could have."
Confront: "What beingness could you confront?"
"What beingness would you rather not confront?"

Notes:

By finding the pre-session havingness process that moved the tone arm well and the confront process that moved the tone arm well, the auditor can make a pre-session out of this new pair.

On all "POINT OUT" commands: Have pc hold both E-meter cans in one hand with a piece of paper, or cardboard, between to prevent shorting out, so pc has one hand free to point with.

Havingness command of Pre-session IV: Unless more than one auditing team present in auditing room, must be run as a walk-about, or in room where pc can see people from window.

Confront command of Pre-session VI: Use either no acknowledgement, or a very light, continuing sort of acknowledgement, between these two questions.

(Data on the use of Pre-sessions as part of Regimen 3 as given in this HCO Bulletin is subject to further study).

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